

About Healthy Girls Breast Oil

Story of Healthy Girls Breast Oil

I watched and listened to my sister, who was ten years younger than me, as she struggled with breast cancer for 6 years. I knew there was something I could do to help women accept, nurture and protect their breast health. As I researched which oils to put in the blend, I found government [clinical studies](#) that showed d'limonene in large amounts in certain essential oils stopped and regressed abnormal cells.

My passion grew as I choose each therapeutic essential oil and created the formula called Healthy Girls Breast Oil. Each had a specific purpose to nurture and protect breast health. I learned valuable information how each oil could improve your immune system.

I learned about the lymphatic system and created a Lady Lymph poster. A loving lymphatic self breast massage is known to be very beneficial, because it moves the lymph to balance, detoxify, soften breast tissue, and stimulate the immune system.

Clinical Research

In 1997, University Indiana-Purdue had done clinical studies which show that D-limonene, found in large quantity in certain essential oils, have “anti tumor activity.” They improve the liver’s ability to break down carcinogens by increasing the amount of liver enzymes, and stimulate abnormal cell death and the multiplication of abnormal cells.

Another study from the Dept of Human Oncology, University of Wisconsin-Madison stated that D-limonene found in large quantities in certain therapeutic essential oils has been shown to prevent abnormal cells from developing, and regression of abnormal cells when added to the diet. [Click here for the Clinical Study](#).

Applying to the skin with an effective carrier is the means for essential oils to be added to the diet. Essential oils do their work in the circulatory system.

Benefits of Healthy Girls® Breast Oil Ingredients

Clear Jojoba Oil

Light and silky feeling, Jojoba unclogs the pores, leaving the skin free from impurities. Jojoba Oil is highly absorbent with anti-inflammatory properties. It adds vitamin E naturally, stimulating blood circulation and skin elasticity. It helps heal scars. Jojoba, pronounced “ho-ho-ba” is a liquid wax, which resembles the sebum of our skin. Jojoba Oil

is a beautiful moisturizer, often found in quality skin care and cosmetic products and is suitable for all skin types.

High quality therapeutic essential oils are chosen, each with a specific purpose, and work synergistically to improve breast health.

Lemon improves the immune system, and aids lymphatic cleansing. It is rich in D-limonene and promotes leukocyte formation in the liver for purification. Lemon is invigorating and used to cleanse the skin, dissolve cellulite, and soothe broken capillaries.

Sweet Orange is rich in d'limonene, extensively studied for its ability to combat tumor growth. It improves the immune system and promotes tissue repair. Sweet Orange is uplifting bringing joy and happiness to the heart and reduces depression.

Lavender aids in balancing the body systems, physically and emotionally. It aids in relaxing the nerves, relieve headaches, reduce high blood pressure, and heart irregularity. It improves skin conditions and offers cellular repair quickly.

Geranium balances skin, circulatory and emotional conditions by helping regenerate tissue and nerves. It opens the liver to discharge toxins.

Frankincense is also very rich in monoterpenes to help strengthen the immune system. It contains sequiterpenes to go beyond the blood brain barrier, where it adds significant oxygen to all the cells and glands. It increases leukocyte activity to ward off infection.

Nerolina is soothing, softening and slows the aging process. With a warm, fresh, floral, mildly woody scent, it is antibacterial, antifungal and synergizes beautifully with the other oils.

Marjoram aids to warm the body, ease congestion in tissues which can be a cause of pain. Folklore called it "Joy of the Mountains", as it was calming, relaxing and increased longevity.

Rose Damascena enhances the frequency of every cell, stimulates and elevates the mind, offers emotional balance, and aids in circulation. It is beautiful for the skin, bringing total well being and unconditional love to the body.

Healthy Girls® Breast Oil is always packed in blue glass because plastic can degrade the quality.